



WELLNESS PROGRAM

Mindfulness reduces stress, improves sleep and cognitive function and balances the emotions. Under the guidance of intuitive practitioners and using our beautiful outdoor environment, we invite you to reconnect and gain wealth on your health.

A DAY OF WELLNESS

AGE REVERSAL USD 500

Morning

- Stretching 60 mins
- Healthy Juice

Afternoon

- Caviar & Algae Facial 90 mins
- Healthy lunch

HEALTHY LIFESTYLE USD 450

Morning

- Wellness Exercise. Choose from Sunrise Yoga, Pilates 60 mins
- Healthy Juice

Afternoon

- Element Aroma Massage 90 mins
- Healthy lunch

DE-STRESS & SLEEP THERAPY USD 550

Morning

- Sunrise Yoga 60 mins
- Healthy Juice

Afternoon

- Muscle Relaxation Massage 90 mins
- Brilliance Facial 30 mins
- Healthy lunch

WEIGHT MANAGEMENT USD 600

Morning

- Personal Training 60 mins
- Healthy Juice

Afternoon

- Macadamia and Papaya Body Polish 30 mins
- Target Body Treatment by LPG 60 mins
- Healthy lunch

All prices are in US Dollars (USD) and subject to service charge and applicable government taxes.